

Secondary 2 Outdoor Adventure Camp

6th - 8th March 2023





Objectives: To Develop

- . Collaborative Leadership
- Teamwork
- Self-Discipline
- Resilience
- Adventurous Spirit
- Outdoor Living and Navigation Skills
- Gabrielite Values

Where are we sleeping?









Sentosa Navigation Challenge











Dragon Boat Orientation at Sports Hub









The Southern Ridges Trek





Sentosa Rafting Challenge









Outdoor Cooking & Campfire





Hygiene		
Packet 1	Toiletries: Toothbrush, Toothpaste, Shampoo, Soap	1 set
Packet 2	Towel (big & small)	1





Clothing			
	1 x School based T-shirt		
Packet 3	1 x School based Short	1 Foob	Compulativ
(4 sets)	1 x Undergarment	1 Each	Compulsory
	1 x pair of Socks		

*Note: Do bring 2 x dark coloured shirts for Rafting and Dragon Boat

Set 1



Packet 3 (4 sets)







Footwear			
Packet 4	Wet Activity Shoes (covered shoes) *Strictly required for water activities	1 Pair	Compulsory
Packet 5	Sandals / Slippers *For use after activity hours	1 Pair	Compulsory





Packet 5



Protection			
Packet 6	Waterproof Jacket / Raincoat / Poncho	1	Compulsory
	Foldable Umbrella	1	Compulsory
	Spectacle Band / Strap	1	Compulsory
	Sunblock	1	Optional
	Sunglasses (For water activity only)	1	Optional
	Cap / Hat	1	Optional
	Insect Repellant	1	Optional

Packing List

Equipment		
Day Pack (Haversack preferred) *To keep hands free when on the move	1	Compulsory
Water Bottle (1L)	1	Compulsory
Torchlight	1	Compulsory
Sleeping Bag	1	Compulsory
Extra Mask	Sufficient	Optional

Packing List

Miscellaneous		
Writing Materials for notes and reflections	1 Set	Compulsory
Plastic Bags / Ziplock Bags *For wet / dirty clothes	Sufficient	Compulsory
Personal Medication if any (Must be labelled clearly & kept in ziplock bag)	Sufficient	Compulsory



Thank You!