



# ST. GABRIEL'S SECONDARY SCHOOL

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Dear Parents/Guardians,

We are pleased to share that your child will be participating in the **MOE-OBS Challenge Programme (MOC)**. This programme is co-designed by MOE and OBS to enhance the holistic development of our students, fostering ruggedness, resilience, and cohesion amongst our youth. The MOC comprises a series of school-based PE and Character and Citizenship Education (CCE) lessons as well as a residential programme (BATCH 1 or BATCH 2) at Outward Bound Singapore's (OBS) campuses across Singapore.

## **Programme**

Your child's MOC programme will take place from 30 June to 4 July 2025 (for BATCH 1) and 7 July to 11 July 2025 (for BATCH 2). The MOC will offer your child unique opportunities to work together with students from other schools to overcome various team challenges using the outdoors as the 'classroom'. Through this course, your child will learn to:

1. manage challenges through self-directed learning and make informed choices; and
2. appreciate the natural heritage of Singapore and recognise that everyone plays a part.

The MOC is part of curriculum, and your child should attend the programme unless he has valid reasons for not doing so e.g. a medical condition preventing safe participation.

## **Safety**

OBS has an excellent safety record built on stringent requirements from its international network of Outward Bound centres around the world. The MOC has been designed with safety in mind, where accredited instructors and registered nurses work together to ensure your child's safety during the programme.



## **eRegistration and Medical Examination**

Parents can eRegister their child through this link <https://go.gov.sg/2025moeobs-stgabrielss-batch1> (BATCH 1) and <https://go.gov.sg/2025moeobs-stgabrielss-batch2> (BATCH 2) from 13 - 31 January 2025. The eRegistration includes a health declaration that you will need to complete on behalf of your child. Please refer to the powerpoint slides (briefing slides for parents in PG or school Website) on steps to e-register. The information you share will be used by doctors during the pre-course medical examination that will be conducted in school. Additional information from your child's physician/ specialist may be required for some situations (refer to *Annex A*) and students who do not meet requirement will be exempted (refer to *Annex B*). If the child is under non-admissible cases, there is no need for e-register or medical check-up.

Please prepare the following information before starting the e-Registration:

- a) Mobile phone/laptop/tablet device
- b) SingPass log in and password
- c) Your child's class
- d) Your child's height and weight

Details about the eRegistration and Medical Examination:

eRegistration link (batch 1) - <a href="https://go.gov.sg/2025moeobs-stgabrielss-batch1">https://go.gov.sg/2025moeobs-stgabrielss-batch1</a>	
eRegistration link (batch 2) – <a href="https://go.gov.sg/2025moeobs-stgabrielss-batch2">https://go.gov.sg/2025moeobs-stgabrielss-batch2</a>	
Start of eRegistration	13 Jan 2025
End of eRegistration (deadline)	31 Jan 2025
Date of medical examination Venue : School Remarks: Normal required check-up fees borne by school. If any extra follow-up required, fees are borne by parent/s	From 17 Feb 2025 onwards

**Parents’ Briefing**

We will conduct a briefing for parents to share more about the programme.  
The details of the briefing are:

Date	11 Jan 2025 (Saturday)
Time	0900
<b>MS Teams Webinar</b>	<a href="https://go.gov.sg/s3obswebinar">https://go.gov.sg/s3obswebinar</a>

We look forward to engaging you further at the Parents’ Briefing. The presentation slides will be attached to the PG / School Website

Please contact the Teacher Coordinators if you have any questions in the interim:

Name	Mr Alvin Goh Mr Ivan Ng Rong Yaw Ms Elyn Lim (Sec 3 Year Head)
Phone number	62889470 ext 173
Email address	goh_toh_fook@moe.edu.sg ng_rong_yaw@moe.edu.sg lim_siew_gek_a@moe.edu.sg




We look forward to your child's participation in the MOC.

Sincerely,



.....  
Mr Shawn Lim  
Principal

## Information

MOC website	<a href="https://www.nyc.gov.sg/moc">https://www.nyc.gov.sg/moc</a>	
FAQ page	<a href="https://ask.gov.sg/obs">https://ask.gov.sg/obs</a>	
<b>Annex B</b> List of non-admissible conditions and other information	<a href="https://file.go.gov.sg/moeobs-importantnotes.pdf">https://file.go.gov.sg/moeobs-importantnotes.pdf</a>	
Other links for viewing	School Website <a href="https://www.stgabrielssec.moe.edu.sg/">https://www.stgabrielssec.moe.edu.sg/</a> Parents' gateway (PG)	<ul style="list-style-type: none"> <li>• OBS Presentation to Students / Parents</li> <li>• Video guide on e-registration</li> </ul>
Parent's Webinar	On-demand webinars for MOC 2025 Virtual tour of the OBS campus Address common questions by parents	Available from January 2025 onwards Link – shared via School Website & MOC microsite (when ready)

### **Annex A:**

Students who are on follow up with a specialist for these conditions will require a specialist's memo (fees to be borne by parents).

- Breathing e.g : asthma / exercise-induced asthma
- Heart condition
- Blood condition
- Epilepsy/fits/ seizure
- Bone/joint/tendon injury or condition
- Some behavioural or psychological conditions

## MOE-OBS CHALLENGE PROGRAMME

### Sample Programme

Students will be put into groups also known as watches. The activities for each watch may differ but the activities are selected and designed such that the learning outcomes remain similar. The table below shows a brief sample of the learning activities for a watch.

First day	↔	Last day
<b>Objective: Team Socialisation</b>	<b>Objective: Building competence and confidence by overcoming challenges as a team.</b>	<b>Sharing of Feedback, Transfer of Learning</b>
In-process administration Ice breaker Expectation setting First aid briefing Team problem solving activities Expedition preparation	Expedition preparation, Journaling, Morning circle Land and water-based expeditions Wash up, Tent pitching, Outdoor cooking	Peer affirmation Commitment activity Sharing of feedback Transfer of learning Final debrief Certificate presentation
Debriefing / Journaling / Sharing of reflection / Lights out		